Wasatch charter school
where education comes to life

School Lunch Menu
November 9th - December 4th 2026

Menu Key:
V = vegan
Veg = vegetarian
gf = gluten free

Student Breakfast 1.75
Student Lunch = 4.00
Adult Lunch = 5.00
Milk a la carte = .50 cents

Monday 11/9	Tuesday 11/10	Wednesday 11/11	Thursday 11/12	Friday 11/13
Creamy Potato Soup veg creamy potato and broccoli soup with shredded cheddar on top. Served with bread sticks	**Tortellini** veg cheese tortellini pasta salad tossed in olive oil and Italian spices served on a bed of spinach	**Bean 'n' Cheese Burrito** Veg seasoned beans and cheddar cheese in a whole wheat tortilla	**Chili Con Carne** with local grass -fed beef from Headwaters Ranch! served with corn bread	**Ham & Swiss on Ciabatta Bun**
Monday 11/16	**Tuesday 11/17**	**Wednesday 11/18**	**Thursday 11/19**	**Friday 11/20**
Minestrone veg home made veggie soup with beans. Topped with parmesan cheese and served with breadsticks	**7 Layer Dip** veg/gf seasoned refried beans, cheese, sour cream, quacamole, olives and fresh veggies layered into a dip for chips	**Orange Chicken** orange chicken over basmati rice v option: tofu instead of chicken	**Turkey Subs** sliced deli turkey, cheddar cheese and lettuce on a whole wheat hoagie bun	**Bagels & Schmears** veg choose between plain, strawberry cream cheese or hummus
Monday 11/23	**Tuesday 11/24**	**Wednesday 11/25**	**Thursday 11/26**	**Friday 11/27**
No School	No School	No School	No School	No School
Monday 11/30	**Tuesday 12/1**	**Wednesday 12/2**	**Thursday 12/3**	**Friday 12/4**
Tomato Basil Soup & Cheesy Breadstick veg home made soup with breadsticks	**Gyros** all beef gyro meat with whole wheat pita, tatziki sauce and fresh cucumbers	**Pizza Pasta** veg penne pasta with homemade marinara and 5 cheese blend	**Mulligatawny** Indian inspired stew with chicken and lentils, over basmati rice. Served with naan bread	**Sunbutter and Jelly Sandwiches** v sunbutter and fruit preserves on whole wheat bread

Breakfast Menu
Waldorf Grain of the Day Breakfasts:
Monday: Rice - savory with nutritional yeast
Tuesday: Corn - Goldilocks vanilla porridge
Wednesday: Millet - strawberries and cream
Thursday: Wheat - cinnamon apple cream of wheat
Friday: Oats - blueberry oatmeal or granola
All breakfast served with 1 cup fresh fruit and milk. 8:15-8:45 am daily in the atrium

- Each meal served with fresh fruit or applesauce
- Whole milk, skim milk and soy milk available every day
- Vegan and gluten-free options always available

This institution is an equal opportunity provider