

School Lunch Menu

October 12th–November 6th 2026

Menu Key:
 V = vegan
 Veg = vegetarian
 gf = gluten free

Student Breakfast 1.75
 Student Lunch = 4.00
 Adult Lunch = 5.00
 Milk a la carte = .50 cents

Monday 10/12	Tuesday 10/13	Wednesday 10/14	Thursday 10/15	Friday 10/16
3 Sisters Soup <i>veg/gf</i> aromatic soup with butternut squash, black beans and corn topped with cheddar cheese and served with corn chips	Tortellini <i>veg</i> cheese tortellini pasta salad tossed in olive oil and Italian spices served on a bed of spinach	Bean 'n' Cheese Burrito <i>Veg</i> seasoned beans and cheddar cheese in a whole wheat tortilla	Monster Hash potato and ham hash served with cheese, broccoli, ranch dressing, tortilla chips and salsa	Ham & Swiss on Ciabatta Bun
Monday 10/19	Tuesday 10/20	Wednesday 10/21	Thursday 10/22	Friday 10/23
Minestrone <i>veg</i> home made veggie soup with beans. Topped with parmesan cheese and served with breadsticks	7 Layer Dip <i>veg/gf</i> seasoned refried beans, cheese, sour cream, quacamole, olives and fresh veggies layered into a dip for chips	Orange Chicken orange chicken over basmati rice v option: tofu instead of chicken	Turkey Subs sliced deli turkey, cheddar cheese and lettuce on a whole wheat hoagie bun	Bagels & schmears <i>veg</i> plain or strawberry cream cheese or hummus
Monday 10/26	Tuesday 10/27	Wednesday 10/28	Thursday 10/29	Friday 10/30
Ham & Swiss on Ciabatta Bun	Turkey Subs sliced deli turkey, cheddar cheese and lettuce on a whole wheat hoagie bun	Bagels & schmears <i>veg</i> plain or strawberry cream cheese or hummus	No School	No School
Monday 11/2	Tuesday 11/3	Wednesday 11/4	Thursday 11/5	Friday 11/6
Tomato Basil Soup & Cheesy Breadstick <i>veg</i> home made soup with cheesy breadsticks	Gyros all beef gyro meat with whole wheat pita, tatziki sauce and fresh cucumbers	Pizza Pasta <i>veg</i> penne pasta with homemade marinara and 5 cheese blend	Mulligatawny Indian inspired stew with chicken and lentils, over basmati rice. Served with naan bread	Sunbutter and Jelly Sandwiches <i>v</i> sunbutter and fruit preserves on whole wheat bread

Breakfast Menu
 Waldorf Grain of the Day Breakfasts:
 Monday: Rice - savory with nutritional yeast
 Tuesday: Corn - Goldilocks vanilla porridge
 Wednesday: Millet - strawberries & cream
 Thursday: Wheat - cinnamon apple cream of wheat
 Friday: Oats - blueberry oatmeal or granola
 All breakfast served with 1 cup fresh fruit and milk. 8:15-8:45 am daily in the atrium

- Each meal served with fresh or dried fruit
- Whole milk, skim milk, and soy milk available every day
- Vegan and gluten-free options always available

This institution is an equal opportunity provider