



Bonneville Academy Weekly Newsletter

September 12th, 2026



Hope Week | September 14–18

Next week, Bonneville Academy will be recognizing Suicide Prevention Week with activities focused on kindness, positivity, and hope!

Throughout the week, students can look forward to:

- Monday: Wear green for suicide prevention awareness
- Tuesday: Meet the Hope Squad + popsicles at lunch
- Wednesday: Kind and positive messages around the school
- Thursday: “Hope Grows at Bonneville Academy” affirmation tree
- Friday: A sweet treat to end the week

Our Hope Squad is excited to help spread a little extra kindness and remind our students that hope grows here at Bonneville Academy!

Mark Your Calendar

Book Fair

September 14th - 18th

Panda Express Night

September 18th

Parent-Teacher Conferences

Sept 30th - Oct 1st

School Lunch

09/14/2026 - 09/18/2026

Monday - 14th

Crispy Chicken Sandwich
Regular or Spicy

Tuesday - 15th

Taco Salad (Chicken)

Wednesday - 16th

Baked Ziti Pasta (Beef)

Thursday - 17th

BRUNCH FOR LUNCH
Waffles & Sausage

Friday - 18th

Pizza Ripper OR PB & J

Calendar

SEPTEMBER '26						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

A/B Day

September '26						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			



SEPTMBER IS SUICIDE PREVENTION MONTH

Stronger Together

A SAFE ♥ SUPPORTIVE ♥ CONNECTED COMMUNITY

Support
today.
Brighter
tomorrows.



WHY IT MATTERS

Even at a young age, children can experience big feelings, emotional struggles, and thoughts of not wanting to be here. Suicide prevention starts with awareness, open conversations, and a supportive community.

You are not alone — we're in this together.



WARNING SIGNS IN CHILDREN (K-8)

- Noticeable changes in mood, behavior, or personality
- Withdrawing from friends or activities
- Increased irritability, anger, or sadness
- Talking about feeling hopeless or worthless
- Changes in sleep, appetite, or energy
- Giving away prized possessions
- Talking about death or not wanting to be here

Not all children show warning signs. Trust your instincts and reach out if you are concerned.



WHAT YOU CAN DO

- ✓ Create a safe space for open, honest conversations.
- ✓ Listen without judgment.
- ✓ Take all comments about self-harm seriously, even if they seem brief or casual.
- ✓ Help your child build healthy coping skills and strong connections.
- ✓ Limit access to lethal means (firearms, medications, etc.).
- ✓ Reach out to the school counselor or other trusted adults if you're concerned.



TRY A SIMPLE CHECK-IN

Small conversations can make a big difference.

"How are you feeling today?"

"What's been the best and hardest part of your week?"

"Is there anything on your mind that you want to talk about?"

"I'm here for you, no matter what."

*A listening
ear can be
a lifesaving
support.*



SafeUT

SUPPORT • REPORT • GET HELP

NO PROBLEM IS TOO SMALL.

SafeUT provides free, confidential, 24/7 access for students, parents, and school staff to chat with licensed counselors and submit safety tips about bullying, self-harm, suicide concerns, or school safety.



Chat
with a counselor



Submit a
safety tip



Available to
students, parents
& school staff



Learn more at
safeut.org

REAL
PEOPLE.
REAL HELP.
24/7.



IN A CRISIS?

If you or someone you know is in immediate danger or having thoughts of suicide, get help now.

988

SUICIDE & CRISIS LIFELINE

CALL ♥ TEXT ♥ CHAT ♥ 24/7

988lifeline.org



YOU MAKE A DIFFERENCE

By staying connected, showing you care, and reaching out for support when needed, you help create a safer, healthier, and more hopeful future for all our students.

*Stronger Families.
Brighter Futures.*



AWARENESS ♥ CONNECTION ♥ SUPPORT ♥ HOPE

You Belong Here. ♥

Bonneville Academy

HOPE WEEK

WEAR **GREEN**,
PURPLE, OR
TEAL ON
MONDAY

FOR MENTAL HEALTH AWARENESS AND SUICIDE
PREVENTION



SCHOLASTIC
BOOK FAIR



GET READY FOR
ADVENTURES
IN READING



SEPTEMBER
14TH-18TH

SCHOLASTIC
BOOK FAIR



PREPÁRENSE PARA VIVIR
AVENTURAS
A TRAVÉS DE LA LECTURA



SEPTIEMBRE
14-18

JOIN OUR BOARD!

We are seeking individuals from diverse professional backgrounds to lend their talents and contribute to the growth of our school. This is a unique opportunity to make a meaningful impact!

Who Can Get Involved?

Any community member with a passion for education and development.

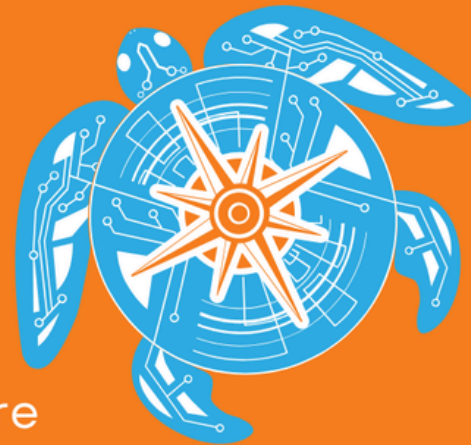
Why Participate?

- Help shape school initiatives
- Use your expertise to make a difference
- Support students, staff, and families

For More Information:

There is no deadline to get involved! If you're interested or have questions, please contact the board at board@bonnevilleacademy.org.

Join us in creating a brighter future for our school!





Support Our Students' Lunches

We are excited to announce our School Lunch Donation Account!



You are not required to donate, but this account will be used to help pay for student lunch balances, including those who are in the negative. Any contributions will go directly toward supporting our students' meals.

You can make a donation online

Lunch Donation Link

When donating online, please enter the following information:

- 
- 
- First Name on Account: **Meal**
 - Last Name on Account: **Donations**
 - Student Number: **F307**

If you prefer, you may also donate by cash or check at the front office—just let us know it is specifically for the lunch donation account.

Thank you for supporting our students!

