

CITY ACADEMY

# MONDAY MAIL

2026 - 2027

**BACK TO  
SCHOOL**

**Welcome back, Dragons!** We are so happy to see you and excited to have you back in our hallways. The energy in the school is positive and electric, and having you back for a fantastic year just adds to it. You'll notice a few changes this year. Mrs. Lockwood has the same office, but a new title: **Executive Director!** She is now leading the school, supporting the teachers, and caring for the students, making sure everything we do is in line with our mission. **Mr. Jenson is our Assistant Director.** Before leading schools, Mr. Jenson was an art teacher; in his spare time he loves the outdoors, especially fishing. Please also welcome **Mrs. Williams, our science teacher,** in Room 2. Mrs. Williams has been teaching for over 13 years! She loves rocks and biology, and is excited to be with us at City Academy.

- Sign up for lunch at the front desk by 9am!
- Our schedule looks a little different this year! See Page 2 for a picture of the weekly schedule.
- Talk with Teacher Sam if you want to run on the Cross Country Team this year!

**REMEMBER!**



**SAVE  
THE DATE**

Free and open to the public, RMACAC college fairs connect students with colleges and universities in one convenient location.

The SLC fair will take place on **Saturday, September 26, 2026** from 11:00 am-1:00 pm at the Dolores Doré Eccles Health, Wellness, and Athletic Center on Westminster University's campus (1840 S 1300 E, Salt Lake City, UT 84105). [More information and the link to register is HERE.](#)



**City Academy Senior  
Partners with Plan-B  
Theatre for His Senior  
Learning Internship**

Paxton Klain has taken both of the Playwriting and Advanced Playwriting classes, and now is partnering with Plan-B Theatre Company to share three original pieces in March - one of which will be his own as a part of his internship.

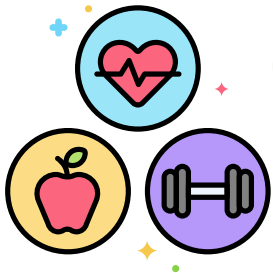


**(801) 596-8489**  
**office@cityacademyslc.org**

**@CityAcademySLC**  
**555 East 200 South, SLC**

# SCHEDULE

| Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Wednesday  | Thursday | Friday    |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
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| <table><tr><td>8:10-8:50</td><td>Period 1</td></tr><tr><td>8:54-9:34</td><td>Period 2</td></tr><tr><td>9:38-10:18</td><td>Period 3</td></tr><tr><td>10:22-11:02</td><td>Period 4</td></tr><tr><td>11:03-11:18</td><td>Advisory</td></tr><tr><td>11:19-11:39</td><td>Doryu</td></tr><tr><td>11:39-12:14</td><td>LUNCH</td></tr><tr><td>12:18-12:58</td><td>Period 5</td></tr><tr><td>1:02-1:42</td><td>Period 6</td></tr><tr><td>1:46-2:26</td><td>Period 7</td></tr><tr><td>2:30-3:10</td><td>Period 8</td></tr></table> <p>Periods 1-8: 40 minutes</p> | 8:10-8:50  | Period 1 | 8:54-9:34 | Period 2 | 9:38-10:18 | Period 3 | 10:22-11:02 | Period 4 | 11:03-11:18 | Advisory | 11:19-11:39 | Doryu | 11:39-12:14 | LUNCH | 12:18-12:58 | Period 5 | 1:02-1:42 | Period 6 | 1:46-2:26 | Period 7 | 2:30-3:10 | Period 8 | <table><tr><td>8:10-9:27</td><td>Period 1</td></tr><tr><td>9:31-10:48</td><td>Period 2</td></tr><tr><td>10:48-11:37</td><td>Advisory</td></tr><tr><td>11:38-11:57</td><td>Doryu</td></tr><tr><td>11:57-12:27</td><td>LUNCH</td></tr><tr><td>12:31-1:48</td><td>Period 3</td></tr><tr><td>1:52-3:09</td><td>Period 4</td></tr></table> <p>Periods 1-4: 77 minutes<br/>Advisory: 45 minutes</p> | 8:10-9:27 | Period 1 | 9:31-10:48 | Period 2 | 10:48-11:37 | Advisory | 11:38-11:57 | Doryu | 11:57-12:27 | LUNCH | 12:31-1:48 | Period 3 | 1:52-3:09 | Period 4 | <table><tr><td>8:10-9:27</td><td>Period 5</td></tr><tr><td>9:31-10:48</td><td>Period 6</td></tr><tr><td>10:52-11:37</td><td>Committees</td></tr><tr><td>11:37-12:27</td><td>LUNCH</td></tr><tr><td>12:31-1:48</td><td>Period 7</td></tr><tr><td>1:52-3:09</td><td>Period 8</td></tr></table> <p>Periods 5-8: 77 minutes<br/>Committees: 45 minutes</p> | 8:10-9:27 | Period 5 | 9:31-10:48 | Period 6 | 10:52-11:37 | Committees | 11:37-12:27 | LUNCH | 12:31-1:48 | Period 7 | 1:52-3:09 | Period 8 | <table><tr><td>8:10-8:50</td><td>Period 1</td></tr><tr><td>8:54-9:34</td><td>Period 2</td></tr><tr><td>9:38-10:18</td><td>Period 3</td></tr><tr><td>10:22-11:02</td><td>Period 4</td></tr><tr><td>11:03-11:18</td><td>Advisory</td></tr><tr><td>11:19-11:39</td><td>Doryu</td></tr><tr><td>11:39-12:14</td><td>LUNCH</td></tr><tr><td>12:18-12:58</td><td>Period 5</td></tr><tr><td>1:02-1:42</td><td>Period 6</td></tr><tr><td>1:46-2:26</td><td>Period 7</td></tr><tr><td>2:30-3:10</td><td>Period 8</td></tr></table> <p>Periods 1-8: 40 minutes</p> | 8:10-8:50 | Period 1 | 8:54-9:34 | Period 2 | 9:38-10:18 | Period 3 | 10:22-11:02 | Period 4 | 11:03-11:18 | Advisory | 11:19-11:39 | Doryu | 11:39-12:14 | LUNCH | 12:18-12:58 | Period 5 | 1:02-1:42 | Period 6 | 1:46-2:26 | Period 7 | 2:30-3:10 | Period 8 |
| 8:10-8:50                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 1   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 8:54-9:34                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 2   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 9:38-10:18                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Period 3   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 10:22-11:02                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Period 4   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 11:03-11:18                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Advisory   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 11:19-11:39                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Doryu      |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 11:39-12:14                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | LUNCH      |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 12:18-12:58                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Period 5   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 1:02-1:42                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 6   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 1:46-2:26                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 7   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 2:30-3:10                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 8   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 8:10-9:27                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 1   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 9:31-10:48                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Period 2   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 10:48-11:37                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Advisory   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 11:38-11:57                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Doryu      |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 11:57-12:27                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | LUNCH      |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 12:31-1:48                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Period 3   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 1:52-3:09                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 4   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 8:10-9:27                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 5   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 9:31-10:48                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Period 6   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 10:52-11:37                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Committees |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 11:37-12:27                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | LUNCH      |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 12:31-1:48                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Period 7   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 1:52-3:09                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 8   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 8:10-8:50                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 1   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 8:54-9:34                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 2   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 9:38-10:18                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Period 3   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 10:22-11:02                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Period 4   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 11:03-11:18                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Advisory   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 11:19-11:39                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Doryu      |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 11:39-12:14                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | LUNCH      |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 12:18-12:58                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Period 5   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 1:02-1:42                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 6   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 1:46-2:26                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 7   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |
| 2:30-3:10                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Period 8   |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                               |           |          |            |          |             |          |             |       |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                        |           |          |            |          |             |            |             |       |            |          |           |          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |           |          |           |          |            |          |             |          |             |          |             |       |             |       |             |          |           |          |           |          |           |          |



## August is National Wellness Month

As we kick off a new school year, August is also National Wellness Month—a great reminder that success in school starts with taking care of yourself. Wellness isn't just about physical health; it also includes your mental, emotional, and social well-being. Building healthy habits now can help reduce stress and make it easier to enjoy everything the new school year has to offer. To learn more about why self-care matters, check out this helpful 2024 article from Utah's ABC4: [August Is National Wellness Month and Self-Care Is Crucial](#). National Wellness Month encourages everyone to make self-care a regular part of their daily routine—not just in August, but all year long.

Here are a few simple ways to prioritize your wellness as school begins:

- Create a healthy sleep routine. Aim for 8–10 hours of sleep each night so your brain and body are ready to learn.
- Stay active. Even a 20-minute walk, stretching, or playing a sport can improve your mood and energy.
- Take breaks from your screen. Give yourself time each day to unplug, go outside, read, or spend time with family and friends.
- Fuel your body. Eat regular meals, stay hydrated, and keep healthy snacks on hand to stay focused throughout the day.
- Reach out when you need support. Whether it's a friend, family member, teacher, or school counselor, asking for help is a sign of strength.

Remember, wellness isn't about being perfect—it's about making small, consistent choices that help you feel your best. Start the school year by taking care of yourself!.



# BRING A FRIEND Challenge!

Know someone who would be a **great fit** for City Academy?  
Invite them to come with you to registration  
for a tour of our school.  
Show them what makes City Academy  
such a **special** place!



## HERE'S HOW YOU CAN WIN:

1



If your friend enrolls  
at City Academy,  
**YOU'LL RECEIVE A  
McDONALD'S  
VOUCHER**  
as a thank you!

2

PLUS, every successful referral  
earns you an entry into our

## GRAND PRIZE DRAWING!

**ONE LUCKY WINNER**  
WILL TAKE HOME AN EXCITING  
**BACK-TO-SCHOOL  
PRIZE PACK**  
filled with items like:



GIFT CARDS



TECH  
ACCESSORIES



SNACKS &  
TREATS



AND MORE  
SURPRISES!



The more  
**FRIENDS**  
who enroll,

**THE MORE CHANCES**  
YOU'LL HAVE TO WIN!

Bring a friend. Build our community. **WIN BIG!**



# WESTMINSTER UNIVERSITY



Westminster University is excited to offer their 5th annual Science Saturday event for **7th & 8th grade girls** on **Saturday, September 19** with hands-on STEM workshops led by Westminster professors. It is a relatively small camp, with a maximum of 40 participants. More information and registration can be found on our website.



## Chill Fall Skateboard programs are approaching!

Dates: Thursdays, Sept. 10, 17, 24, Oct. 1, 8

Time: 3:30-6:30pm

Skatepark location TBD but will be held in  
Salt Lake County.

See Mr. Q in Room 4 if you are interested!



City Academy is partnering with AmeriCorps and is hosting a YES - Youth Engagement Specialist - Navigator for the 2026-27 school year. This role is a school-based student support and engagement role, with a particular emphasis on helping students who are struggling with engagement, attendance, mental health, or connection to school. Our YES Navigator, Miss Audrey, will join us later this fall!



Mrs. Strickland, City Academy's School Counselor, will be hosting monthly midday e-learning sessions for parents and guardians focused on various topics throughout the year. These topics in her Take Note! sessions can range from the high school transition to practicing good

study habits, and mental health basics to sustaining friendships. Take Note! will be recorded and available to watch whenever you have time; suggestions for future topics and individual questions about your student are always welcome. To schedule an appointment please email [Sara.Strickland@cityacademyslc.org](mailto:Sara.Strickland@cityacademyslc.org)



The Utah Pride Center has resources to help students of all ages feel supported, connected, and ready for the year ahead. Stop by during our open hours for Study Hours starting at 4PM, Monday through Friday, and take advantage of free WiFi, computers, printers, books, and snacks in a welcoming space to get work done.





Peterson  
School  
of Music



# Community Art & Music Day

Date & Time: SATURDAY, SEPTEMBER 26, 2026 | 10:00 AM TO 2:00 PM  
Locations: Corner of 600 E and 200 S, Salt Lake City, 84012



Join us for a fun-filled day celebrating creativity, music, and community! Bring the whole family to enjoy Live Music, Art Projects, School Tours, Food, and Family-Friendly Activities!

## Free Activities

- Live performances by students
- Instrument "Petting Zoo"
- Guided tours of both schools
- Information and registration tables
- Booths, BBQ \$5 per plate & Food Trucks

## Art Projects

Create a commemorative canvas (Facilitated by Salt Lake Pottery). Each canvas is \$25, advance registration is required, (links below) and a portion of the proceeds will benefit Peterson School of Music. Free Parking Available at ALSCO, Adjacent to City Academy

## Parking

## Questions

[gengle@petersonschoolofmusic.org](mailto:gengle@petersonschoolofmusic.org)

## Thank You

ART CAFÉ and **ALSCO**  
by Madison Maria

Register for your Art Project [Here](#) Deadline September 19

10 AM



11 AM



12 PM



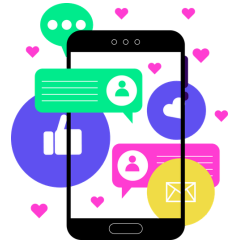


**LifeTouch will be visiting City Academy this fall - Friday, October 21st - from 8-10am. This is your student's opportunity to take their school picture for individual purchase and for this year's yearbook. Picture Day retakes will be in December.**



City Academy's personal electronic device policy is designed to minimize distractions, maximize instructional time, and help students stay engaged in learning. During instructional time, cell phones, smart watches, earbuds/headphones, tablets, and similar devices must be turned off or silenced and stored in the designated classroom storage area; students may use devices during passing periods and lunch unless otherwise authorized. Violations will follow a progressive warning schedule, beginning with confiscation and parent/guardian notification and increasing to parent/guardian pickup, conferences, and additional administrative consequences for repeated violations. Exceptions may be made for documented medical needs, IEPs/504 Plans, emergencies, or other circumstances approved by administration.

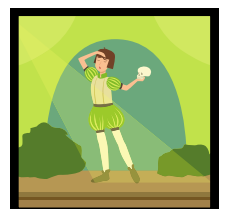
Please review the full [City Academy Personal Electronic Device Policy](#) for complete details.



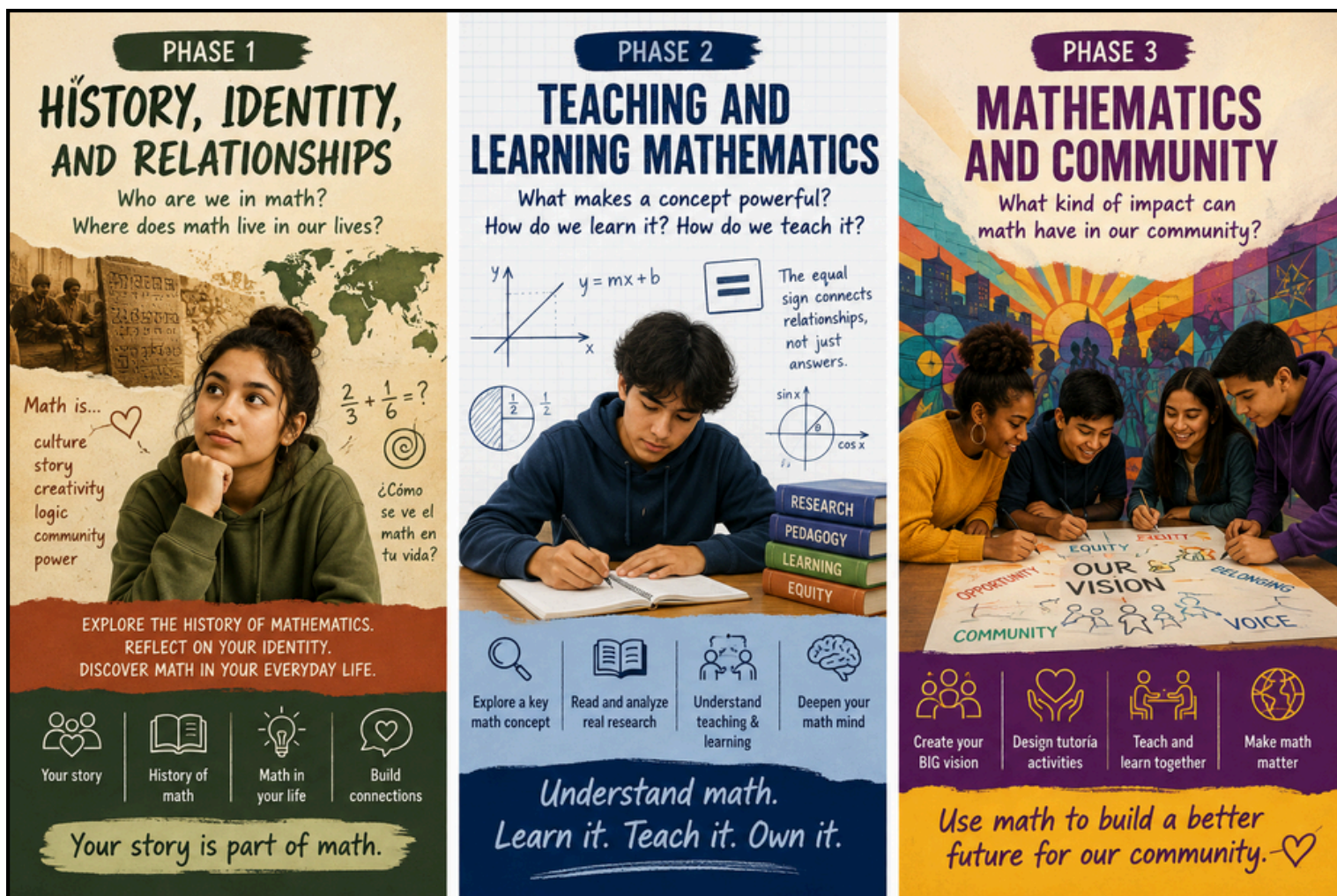
**City Academy is excited to announce the opening of its Elementary School in the fall of 2027!** Beginning with grades kindergarten through 2<sup>nd</sup>, City Academy Elementary will weave music education into everyday core subjects like reading, math, and science. Our Community Partner, The Peterson School of Music (formerly the Gifted Music School), will provide instruction on strings, keys, and technique. [CLICK HERE](#) for more information and to join our mailing list.



**Are you interested in joining the Shakespeare Team? There are limited spots available for ensemble roles. Please contact Mr. Sean if you are interested - first come, first served!**







**Are you looking for a new approach to math this year? Consider taking class with Dr. G during 2<sup>nd</sup> period!** Mathematics as Social Practice explores students' relationships with math and where math shows up in their lives. It then goes on to ask questions such as, "How do we know when we've learned math?" and "What are some difficult-to-teach math concepts?" In this hands-on, Concurrent Enrollment class, students will learn about the role math plays in their communities and in their lives. Talk to Mr. Q or Ms. Strickland if you want to learn more or if you'd like to enroll in the class!



**\$25k "Be Bold" No-Essay Scholarship**

**bold.org**



All students are eligible

Any education level, state, field of study, or GPA.



Bold.org is 100% free for students and donors

The Bold Foundation Inc. is a 501(c)(3) Nonprofit Organization.

**Join Bold.org — Your Scholarships Are Waiting**

Find scholarships made for you and get awards directly.

DIANA & JOEL  
**PETERSON**  
SCHOOL of MUSIC

*Save the Date!*



## JAZZ AND IMPROVISATION WORKSHOP WITH SUE BUZZARD

---

**Saturday August 22, 2026**

11:00 am-1:15 pm

182 S 600 E, Salt Lake City

11am-12pm pizza lunch Included!  
followed by a

**STRINGS CLINIC** for parents and teachers-  
Purchasing Strings ~ Best Choices for All Levels & Sizes  
12:15-1:15pm

FREE for PSM Students/ \$25 for non-PSM folks

REGISTER: [gengle@petersonschoolofmusic.org](mailto:gengle@petersonschoolofmusic.org)

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**Sue Buzzard** is a violinist with an eclectic background in classical, jazz, folk, and improvisation. Combining the best of contemporary and classical worlds, her passion lies in empowering string players to tap into their skill and creativity. Sue performs with the Hot House West Swing Orchestra, and operates Sue Buzzard Studio, teaching violin and jazz to students of all ages. She has designed three Violin Methods courses for Interlochen Online, bringing world-class performing arts education to players around the globe. As a D'Addario educational clinician, she teaches educational workshops in schools across the country.

Peterson School of Music  
182 S 600 E, Salt Lake City  
[petersonschoolofmusic.org](http://petersonschoolofmusic.org)



## THE GREAT SCHOLARSHIP PROGRAM

Know a student who's ready to be great? We want to help them shine! Great Clips, Inc. awards over \$100,000 in cosmetology and barbering scholarships annually, offering eligible students up to \$5,000 each. Applying for the Great Scholarship program is now easier than ever—no essay required. Apply anytime, scholarships are awarded bi-annually.

Great Clips®

Careers

[Apply Now!](#)



ScholarshipOwl

## \$50,000 ScholarshipOwl No Essay Scholarship

[Apply Now!](#)

Your Chance to Win a Share of \$50,000 - No Essay Required!



### THE NORTHWEST 5

A CONSORTIUM OF OREGON & WASHINGTON'S  
PREMIER LIBERAL ARTS COLLEGES

LEWIS & CLARK | REED | PUGET SOUND | WHITMAN | WILLAMETTE

#### What is the Northwest 5?

We are a consortium of the five premier liberal arts colleges in Oregon and Washington: Lewis and Clark College, Reed College, Whitman College, Willamette University, and the University of Puget Sound.

August 18: [5 Things to Know Before Applying to College](#)



**Breakfasts and lunches are ready for pick-up!** Remember to sign up to receive your breakfast and/or lunch by 9:00am in the Main Office. Breakfast costs \$3.75 and lunch \$5.25. Fees will be added to your school account. To apply for free or reduced meals please visit [this portion of City's website, in English and Spanish.](#)

Pre  
A  
C  
T

**Sophomores and juniors are invited to take the preACT on Monday, October 5, 2026.** This practice college entrance exam will take approximately 2.5-3 hours and is an official practice exam for the ACT juniors will take in the spring. Be on the lookout for an email from Ms. Strickland with more information and a link to reserve your seat.



# AUGUST

| MON                                | TUES                        | WED                                     | THUR                       | FRI                           |
|------------------------------------|-----------------------------|-----------------------------------------|----------------------------|-------------------------------|
|                                    | 18<br>Ham & Cheese Sandwich | 19<br>Chicken Nuggets & Mashed Potatoes | 20<br>Cheeseburger         | 21<br>Corndog                 |
| 24<br>PB & J Sandwich              | 25<br>Deep Dish Pizza       | 26<br>Turkey & Cheese Sandwich          | 27<br>Popcorn Chicken      | 28<br>Grilled Cheese Sandwich |
| 31<br>Mac & Cheese Chicken Nuggets | 1<br>Meatball Sub           | 2<br>Chicken Sandwich                   | 3<br>Bean & Cheese Burrito | 4<br>BBQ Rib Sandwich         |

