

Sex & Health Education Policy

A. Legal Authority/Requirement

- 53G-10-402 School District of Residence Determination
- 53G-10-409 Prohibition on Instruction by an Elective abortion Provider
- R277-474 School Instruction and Sex Education

B. Purpose/Philosophy

1. The InTech Collegiate Governing Board recognizes that the primary responsibility for sex education rests with a student's primary caregivers. The Governing Board also recognizes its responsibility, as outlined by Utah law and regulation to provide an appropriate, supportive, and factual sex education curriculum for students.

C. Definitions

1. "Sex Education Instruction" means:
 - a. any course material, unit, class, lesson, activity, or presentation that provides instruction or information to students about:
 - i. sexual abstinence,
 - ii. human development, including puberty and maturation,
 - iii. human reproductive processes, including conception, fetal, development, pregnancy, and birth,
 - iv. human reproductive anatomy and physiology,
 - v. pregnancy,
 - vi. healthy dating practices, marriage, and parenthood, in accordance with the success sequence
 - vii adoption,
 - viii. Information about contraceptive methods or devices
 - ix. chronic, infectious, and acute diseases and condition s of the reproductive system, including sexually transmitted infections/diseases.
 - b. Does not include:
 - i. child sexual abuse prevention instruction in refusal skill or situational awareness.
2. "Medically Accurate" means:
 - a. verified or supported by a body of research conducted in compliance with scientific methods and published in journals that have received peer review (where appropriate) and recognized as accurate and objective by professional organizations and agencies with expertise in the relevant field, such as the American Medical Association.
3. "Sex Education Curriculum Materials Review Committee" means:
 - a. An InTech Governing Board committee that includes parents, health professionals, school health educators, and administrators, with at least as many parents as school employees.
4. "Parental Notification Form" means:

- a. a form developed by the Utah State Board of Education and used for parental notification of subject matter related to sex education instruction. Students may not participate in sex education instruction without prior affirmative parent/guardian response on file.

D. Health and Sex Education Guidelines

1. The InTech Collegiate Governing Board adopts for use:
 - a. sex education instructional materials recommended by the Utah State Board of Education,
 - b. any additional materials as approved in compliance with state law by the Cache County School District Board of Education
 - c. Any additional materials as approved by the InTech Sex Education Curriculum Materials Review Committee.
2. All sex education shall stress the importance of abstinence from all sexual activity before marriage and fidelity after marriage as methods of preventing sexually transmitted diseases.
3. The curriculum and education shall also stress personal skills that encourage the individual choice of abstinence and fidelity in marriage.
4. The curriculum may include information about contraceptive methods or devices that stresses effectiveness, limitations, risks, and information on state law applicable to minors obtaining contraceptive methods or devices.
5. Nothing in this policy precludes an educator from responding to a spontaneous question provided that the response is consistent with this policy and applicable state law.
6. The following **shall not be taught** in any district schools:
 - a. The intricacies of intercourse, sexual stimulation, or erotic behavior.
 - b. The *advocacy* of premarital or extramarital sexual activity.
 - c. The *advocacy or encouragement* of the use of contraceptive methods or devices

E. Teacher Responsibilities

InTech requires that any teacher who is responsible for any aspect of sex education will:

1. Complete a state-sponsored sex education training every three years and provide a copy of their certificate to school administration.
2. Assure that any instructional materials used in any sex education instruction are medically accurate and comply with state law, Utah Administrative Code, and are approved by either the USBE, the CCSD Board of Education, or the InTech Review Committee.
3. Assure that they review all instructional materials for guest speakers, guest presenters, or outside agencies & ensure that they comply with state law, Utah Administrative

Code, and are approved by either the CCSD Board of Education, or the InTech Review Committee.

4. Complete parent permissions for any sex education instruction presented in class up to two weeks in advance.
5. Save and file parent permission forms for a one-year.
6. Assure that as a teacher, they are in the room for any sex education instruction that takes place in their classroom.
7. Report any complaints or concerns that are received about sex education programs, policies, or materials, which have not been resolved by the teacher or school administration to the Governing Board or Review Committee.

F. Sex Education Curriculum Materials Review Committee

1. As a Cache Board of Education authorized charter school, InTech may rely on the Cache County School District Sex Education Curriculum Materials Review Committee.
2. The InTech Collegiate Governing Board may also appoint a Sex Education Curriculum Materials Review Committee with jurisdiction over materials, programs, resources, and guest speakers that are not already approved by the USBE or Cache Board of Education.
 - a. The committee shall be composed of parents, health professionals, school health educators, and administrators, with at least as many parent members as school employee members.
3. Duties of the Review Committee
 - a. Review instructional materials to assure that they are medically accurate and comply with state law and Utah Administrative Code;
 - b. Review instructional materials for guest speakers, special programs, and resource agencies used in any sex education presentation to assure they are medically accurate and comply with state law and Utah Administrative Code;
 - c. Hear appeals, complaints, or other special matters pertaining to existing sex education programs, policies, or materials that have not been resolved at the school level;
 - d. Submit a written report to the board which summarizes the work performed by the committee if any complaints or concerns were received related to sex education instruction or instructional programs.

G. Parental Permission Form Required for Participation

1. Students may not participate in any sex education instruction or instructional programs unless prior to the student's participation the student's parent or guardian authorizes the student to participate in writing.

2. Completed permission forms shall be maintained at the school for a one-year period, or until the course is taught the following academic year.
3. InTech Collegiate will utilize the *Parent/Guardian Consent Form for Sex Education Instruction* which:
 - a. Explains a parent's right to review proposed curriculum materials in a timely manner.
 - b. Requests the parent's permission to instruct their student in identified course material related to sex education.
 - c. Allows the parent to exempt their student from attendance for class periods while identified course material related to sex education is presented and discussed.
 - d. Is specific enough to give parents fair notice of topics to be covered.
 - e. Includes a brief explanation of the topics and materials to be presented and provides a time, place, and contact person for a review of the identified curricular materials.
7. If a student is exempted from the course material required by the board-approved core curriculum, the parent will take responsibility in cooperation with the teacher and the school for the student learning the required course material.
 - a. In addition, the student will receive an alternative assignment of equal value and will be expected to complete that assignment.
 - b. The student will be provided a safe, supervised place within the school during this class. It will be the student's responsibility to report to the pre-arranged location, check-in with the teacher or supervisor, and submit the completed assignment to the appropriate person.

H. Instructional Staff Training

1. In their first year of service or assignment, all newly hired or newly assigned district staff who have responsibility for any aspect of sex education instruction at InTech must participate in a state-sponsored training outlining the sex education curriculum and the criteria for sex education instruction in any courses offered.
2. Staff who have any responsibility for any aspect of sex education instruction at InTech will attend state-sponsored training outlining the sex education curriculum and the criteria for sex education instruction in any courses offered at least once every three (3) years.

I. Prohibited Presenters/Presentation

1. InTech shall not allow an entity employee, representative, or affiliate that performs elective abortions or provides de-branded maturation curriculum to:
 - a. deliver instruction or programs on health related topics

- b. provide materials or media on a health topic for distribution or display, if the materials or media are created by, funded by, donated by, or bear the identifying mark of the entity or the entity's affiliate.

Document History:

22 Jan 2026	Prohibited presentation provision added
28 Sept 2023	Specific inclusion of instruction about (but not advocacy of) contraceptives
26 Mar 2020	Policy Origination