



# Deepening Waldorf Teaching Practice

August 3–14 | One or Two Week Options

## Deepening Course Descriptions

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### ***A Waldorf approach to effective, balanced Literacy*** with Michelle Woods

This course will provide a foundational start to a year-long course on teaching literacy in Waldorf schools. It fulfills the USBE requirements for a Literacy course for State Licensure.

*Michelle Woods has just completed teaching a full journey from first to eighth grade at Wasatch. She is a certified and licensed Waldorf teacher with many previous years of experience working and volunteering in Waldorf schools. She has been trained in various approaches to literacy, including Orton-Gillingham and LETRS. She is a creative, organized, and intuitive teacher.*

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### ***The Early Childhood Journey: Birth to Seven*** with Julene Humes

Much of what can be gained through Waldorf education is conveyed in early childhood. This statement provides the inspiration for the Early Childhood course that will present a broad overview of Waldorf education in these tender years while also diving deep into child development, temperaments, storytelling and puppetry, indoor and outdoor environments, art and handwork, music, movement, loving discipline, nutrition, and more. This course is suited to teachers, parents, future parents, grandparents, homeschoolers, anyone one with an interest in or regular interaction with young children in a variety of settings. There will be hands-on opportunities to experience the early childhood world along with lectures and discussion.

*After raising and homeschooling seven children, Julene began in-service training for an early childhood certificate at Rudolf Steiner College in Fair Oaks, California. Julene started an in-home Waldorf kindergarten in the fall of 2003 and continued intensive training before graduating in the summer of 2005. In 2006, she expanded her program to partner with homeschool parents as a part-time supplement using Waldorf methods. She calls this model The Cottage School.*

*She made frequent trips to continue her training which included the LifeWays program, a year-long, intensive study of the very young child. She received her certificate in the summer of 2011. In addition, Julene participated in Waldorf summer intensives for grades one, two and three. In 2013 Julene was certified in Simplicity Parenting.*

*In May 2017 Julene completed a Master of Arts Degree from The Wisdom School of Graduate Studies, the graduate arm of Ubiquity University, with an emphasis on Waldorf education. Her thesis is entitled The Matrix of Well-being: The Historical, Developmental and Cultural Rationale for the Cottage School Method of Early Childhood Education.*

*[Wasatch Charter School Summer 2026 Waldorf Teacher Offerings]*

Her work has expanded to include yearly summer retreats on Waldorf education entitled "The Art of Teaching Children," and she is a lead teacher and facilitator for the LifeWays program. She graduated her second group in April.

Julene is a passionate advocate for children and Waldorf education as an ideal model for nourishing childhood. She is thrilled to be collaborating with Wasatch to spread this important work.

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***Educating Through the Will: The Curative Approach for Every Classroom***  
with Danielle Lockwood and Annemarie Goslow

*Becoming Healing Educators:* Understanding ourselves and ALL our students through the living pictures of the Curative Education lectures.

This workshop is about supporting healthy development through a deeper anthroposophical understanding of the human being. We will study the curative polarities, the twelve senses, and the soul forces of thinking, feeling and willing. These are not just philosophical ideas, but practical tools that we can use to lay the foundation for our students' success academically, emotionally and socially. With a shared understanding of what these words mean, and how to put them into practice, we can make our classrooms into spaces of healing, as Steiner intended. Whatever your level of experience with Steiner's Lectures on Curative Education, this workshop will help your teaching become a force for healing.

*After being fully trained in Waldorf Education, Danielle and Annemarie both found themselves in classrooms full of children that needed something more. They saw many children who were not meeting their potential, and weren't able to fully take in the beauty of the Waldorf curriculum. Landing at Mulberry Classroom, for the first time they saw children transform themselves and change the trajectory of their lives. With years of experience in different classroom settings, Danielle and Annemarie worked together with Robyn Brown to create a small school that would meet the needs of all students, in the woods of Northern California. They are now dedicated to bringing this essential work to life in our school and in the larger Waldorf community.*

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***Developing your Singing Voice*** with Misti Moberly

Lift up your voice and sing!" We shall explore the foundations of singing: breath, posture, releasing tension, and developing healthy tone through intentional exercises and joyful group singing. Come gain an appreciation for your own unique voice and find joy in singing!

*Misti Moberly is an experienced musician and teacher. She is a certified Waldorf teacher with years of experience as a class and specialty teacher. She holds a bachelor's degree in vocal performance and deep passion for teaching singing. She is also passionate about the Waldorf and Orff Schulwerk approaches to music education and sharing those tools with teachers and students alike. She is currently the Music Program Lead at Wasatch Charter School and sings with the Utah Chamber Artists.*

### ***Meaningful and Engaging Mathematics Methods*** with Alison Hodgkin

If you've ever thought that teaching math is the most challenging part of your day, this class can calm your fear and reignite your love of math. We will problem solve, make sense of, represent, and deepen our understanding of central themes of our number systems throughout elementary and middle school math. We'll study and learn teaching practices of high quality instruction, and play with the mathematics that our students work to make sense of every day throughout the grades. Throughout the course, we explore the meaning and methods behind how numbers and operations relate, and how to make the conceptual understanding accessible to all learners.

This course is the foundation for the USBE requirements for state licensure within the Wasatch APPEL program..

*Alison has been teaching in varied environments for many years, but has spent the last 11 in schools as a class teacher, middle school math teacher, interventionist, coach, and general math moral support person. Upon beginning her teaching journey, Alison realized she knew very little about why math worked, and began pursuing further education in math instruction. She completed her masters in Math Teaching from Mount Holyoke, and now believes everyone is a math person. She currently serves as the Math Coordinator at Wasatch Charter School.*

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### ***Storytelling, Gesture and Archetype*** with Julene Humes

Storytelling provides the foundation upon which Waldorf education rests. Oral and written tradition, mythology, historical narrative are brought to the children through different vehicles--oral presentation, movement, dramatic expression, artistic expression, puppetry--all within the perspective that the child recapitulates in their evolving consciousness the stages of human development throughout history and prehistory. Steiner's indications are true to each of these stages and match the children in their development.

We will be exploring the development of the curriculum through the years and experience the profound archetypal meaning behind the stories--fairy tales, nature stories, indigenous legends, fables, heroes and tricksters, Hebrew, Norse, and Greek mythology, national sagas, medieval quest literature, biographies, and Shakespeare, along with healing and pedagogical stories. There will be significant opportunities to hone storytelling skills, and we will visit the development of puppetry from early childhood through the grades.

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### ***Drawing Together: Blackboard and Block Crayon Artistry*** with Cura Rodriguez

In our Drawing Together: Blackboard and Block Crayon Artistry class, our focus will be to bring art into your classroom. We'll go over why we have blackboard drawings in our classrooms, share ideas on what to draw and practice drawing these ideas. We'll also focus on how to use block crayons, teach your students how to use block crayons and go over and share ideas on what to draw with your block crayons.

*Cura Rodriguez has been part of the Wasatch community for three years and is a Waldorf certified teacher. She has been teaching for over 10 years, from preschool to third grade to adults. Cura has always had a love for the arts, especially drawing and painting. Blackboard drawings are one of her favorite things to create at Wasatch and she is excited to share this passion with you all.*

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### ***Bringing Music to Life in your Classroom*** with Augustus Mutua

***"Let the music play and the rhythm of summer ignite your soul!"***

This summer, we'll dive into a world of rich, vibrant music, blending singing, dancing, and some instruments. The sweet tones of recorders will harmonize with the lively beats of traditional percussion, creating an energetic atmosphere that invites everyone to join in. Whether you're dancing to the rhythms or singing along to the melodies, each moment will be filled with the joy of music and culture.

*Augustus Mutua has been a Waldorf class and music teacher for many years. With his deep passion for Music education and the arts, he brings a wealth of cultural richness and experience to every lesson, creating an environment where music connects and inspires, including his years teaching in Kenya and Europe prior to working in the United States.*

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### ***Inner Work and Biography*** with Marla Macdonald

This will be an enriching exploration of your personal biography and pivotal aspects of personal development.

Marla Macdonald Bio Coming Soon

***Responsive teaching: proactive approaches to student behavior***

with Nicole Denison

Course description coming Soon

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**Other Participating Faculty**

*Eurythmy Raven Garland*

Raven Garland has many years of Waldorf experience. She trained in eurythmy at the Eurythmy School of Spring Valley in NY and at the Therapeutic Eurythmy Training in North America, NY. She taught as a class teacher and eurythmy teacher at the Wasatch Waldorf Charter School for six years. She has worked at the Lakota Waldorf School on the Pine Ridge Reservation in South Dakota, and is presently teaching at a Waldorf school in Iowa.

*Study Emily Merchant*

Emily Merchant is the founder of and former director at Wasatch Charter School. She has completed a Masters and Doctorate in Education, Waldorf Teacher training, Curative training and is presently studying eurythmy in England. Whenever she can, amid these other responsibilities, she finds opportunities to work with children, including teaching games and literacy, and, recently class teaching at the International Waldorf School in The Hague.

She presently works at Michael Hall Steiner School in the UK and consults with various other Waldorf schools in the US. She loves working with teachers and children, and has developed multiple courses for teachers. She also enjoys spending time near the ocean and woods, creating nourishing spaces, and any moments with her husband and three daughters.

Register here: <https://forms.gle/dnyuksnVzcDf2jN1A>  
<https://www.wasatchwaldorf.org/waldorf-teacher-offerings>

