



HOME OF THE LIONS
NORTH DAVIS PREPARATORY ACADEMY

Spain **PACKING** List

A. LARGE BACKPACK

- Complete Change of Clothes
- Essential Toiletry Items
- Prescription Medication
- Cell Phone/Camera
- Book/Homework/Drawing/Game
- Pen/Pencil
- Battery Charger
- NDPA Day Bag

A1. NDPA DAY BAG

- Prescription Medication
- Pain Reliever/Cold Medicine
- Anti-bacterial Wipes
- Tissues
- Small First-Aid Kit
- NDPA Travel Book
- Pen/Pencil
- Sealed Travel Snacks/Hydration Mix
- Gum/Hard Candy (Ear Pressure)
- Empty Water Bottle

A2. ESSENTIAL TOILETRIES

- Clear Qt. Size Bag for Liquids
- Toothbrush & Toothpaste
- Deodorant
- Febreze
- Brush/Comb
- Chapstick
- Glasses/Contact Storage & Care
- Lotion/Sunscreen
- Feminine Products & Make-up
- Nail File

**All liquids must be 3oz. or smaller*

TRAVEL DAY OUTFIT

- Underclothing
- Money Belt w/Passport-on your Body
- Comfortable Pants/Shorts
- Comfortable Shirt or Sweatshirt
- Walking Shoes
- NDPA Jacket

CARRY-ON SUITCASE

- 6 Briefs or Panties/Bra
- 6 Pairs of Socks
- 6 Shirts (1 Uniform)
- 4 Pants or Shorts (1 Uniform)
- Long Sleeve Shirt
- Walking Shoes in Sealed Bag
- Sleeping Attire
- Micro/Quick Drying Towel

TOILETRIES

- Dental Floss
- Shampoo & Conditioner
- Body Soap
- Hair Styling Product(s)
- Hair Ties/Clips
- Shaving Items
- Dual Voltage Hair Dryer (turn to 220)
- Dual Voltage Straightener (turn to 220)
- Extra Feminine Products
- Anti-bacterial Foot Spray

OTHER

- European Electrical Adapter/Converter
- 2 Closable Bags (Laundry)
- Small Umbrella/Poncho
- Ball Cap/Sunglasses
- Extra Tissues/Anti-bacterial Wipes
- Duct Tape on a Stick
- Gift for Host Family
- Additional bag (optional)

A. CHECKED LUGGAGE

Pack everything in here EXCEPT items that go in Large Backpack and NDPA Day Bag

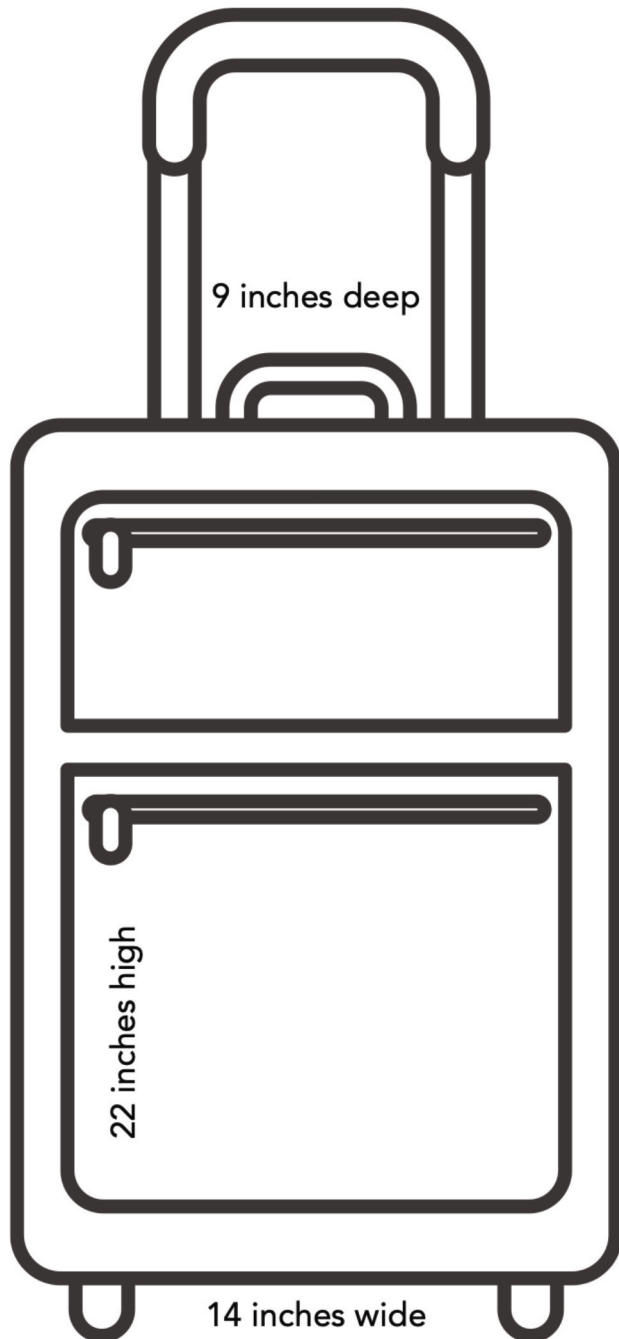
Breakables = Wrap in clothes, in shoes

ALL BLADES: Scissors, pocket knives, letter openers, etc.

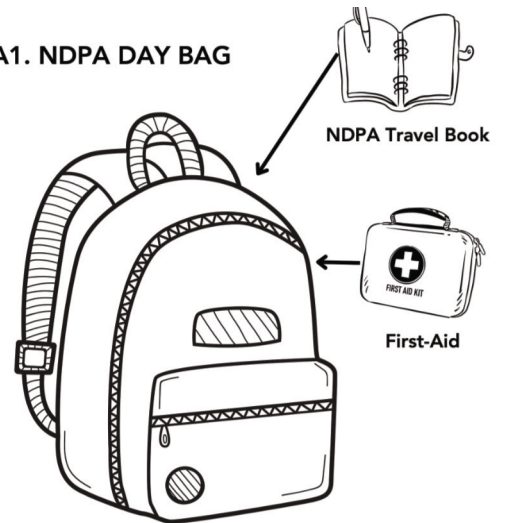
LIQUIDS over 3oz: Snow globes, olive oil, Fanta, etc.

SMALL FIRST-AID KIT

- Cut Moleskin or Blister Band-aids
- 2 Band-aids
- Pain Reliever
- 1 Dose Cold Medicine
- 1 Dose Stool Softener
- 1 pkg. Tissues
- Wet Wipes
- Hydration Drink Mix
- 2 Safety Pins



A1. NDPA DAY BAG



A2. LARGE BACKPACK

