

## *Staying warm this season: How to support yourself and your community*

As the winter season settles in, Wasatch Waldorf Charter School remains committed to supporting the well-being, comfort, and dignity of every student and family in our community. Colder weather can bring added challenges, and we understand that some families may need warm clothing or seasonal support. Please know that you are not alone, and there are resources and help available.

At this time of year, many in our community continue to feel inspired to give. Our focus is on uplifting and strengthening the wonderful programs that already serve families who need extra warmth and care. You'll find a list of organizations below that greatly appreciate contributions of warm clothing and other seasonal support.

If your family could use assistance with coats, hats, gloves, boots, or other cold-weather items, or if you're seeking help during the holiday season, local programs and resources are ready to support you. Links to some of these services are included below.

All requests are handled with confidentiality, compassion, and respect. If you'd like help getting connected to resources, wish to offer support, or have any questions, please reach out to Reagan Jensen, 3Streams Support Staff, at [rjensen@wasatchwaldorf.org](mailto:rjensen@wasatchwaldorf.org).

*If you are looking TO support, here are a few local places collecting donations:*

[PBS Utah Winter Food & Clothing Drive](#) – On Friday, December 12<sup>th</sup>, from 7:30 a.m. to 6:00 p.m., the Eccles Broadway Center will be collecting warm clothing and food.

[YWCA Utah Candy Cane Lane](#) – A holiday-themed pop-up shop that helps fund gifts and winter essentials to survivors at YWCA.

[Salvation Army Angel Tree Program](#) – use this website to find local Angel Trees to help provide holiday support to families

[Utah Community Action](#) – Provide volunteer work or various donations to help keep the community fed, warm, and supported this holiday season.

*Looking FOR support, reach out to these local organization:*

[2Hands](#) – Offers a platform to request anonymous support from the community.

[Utahns Against Hunger](#) – Provides information on SNAP Benefits and other food resources.

[Crossroads Urban Center](#) – Has information on emergency food pantries and a thrift store with low prices.