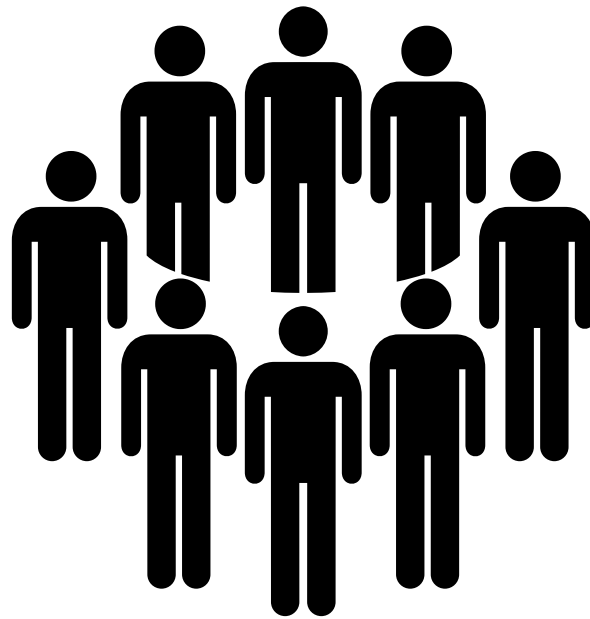


Community Resources: Housing/Shelter, Meals, and Medical Care



Local and National Crisis Resources

If you feel unsafe or in danger, call 911 for emergency assistance.

Substance Abuse and Mental Health Services

Call: (800)-662-4357

The U.S. Substance Abuse and Mental Health Services Administration's National Helpline provides free and confidential referrals to local treatment, support groups, and community-based organizations. Available 24 hours/day, 7 days/week in English and Spanish.

University Of Utah Neuropsychiatric Unit Crisis Line

Call: (801) 587-3000

Free confidential support, including a mobile crisis team (MCOT), who are able to come to a residence when needed.

National Suicide Prevention Lifeline

Call or text: 988

Provides 24/7, free and confidential services for people who are in a suicidal crisis or emotional distress.

Crisis Text Line

Text: "HOME" to 741-741 at anytime, from anywhere in the United States. A trained counselor will respond on a secure platform.

Safe UT app

Safe UT offers several services through their app. They offer crisis chat and tip lines that provides real-time crisis intervention for students, parents/guardians, and educators through live chat and a confidential tip line—right from your smartphone. To learn more about this free service, visit safeut.org/.

Hospitals

If you are in a crisis and feel you need additional support, please visit your local/nearest emergency room.

Huntsman Mental Health Institute (HMHI)

Services: HMHI provides comprehensive mental health services and psychiatric care, including acute (immediate) mental health issues or crises to individuals on an inpatient basis. During the hospital stay, the goal of HMHI providers is to monitor patients for safety, clarify/determine diagnoses, and create a treatment plan and medication schedule (if appropriate). If you are experiencing/noticing any of the following, please contact HMHI immediately, or call 911

Address: 501 Chipeta Way, Salt Lake City, UT 84108

Phone: (801) 583-2500

LDS Hospital Access Center

Services: The Access Center is an Intermountain Healthcare walk-in center for individuals experiencing a mental health crisis. During your visit, you can expect treatment from licensed behavioral professionals, who will determine and ensure placement at the appropriate level of care, while reducing overall care costs.

Address: 324 9th Avenue, Salt Lake City, Utah 84143

Phone: 801-408-8330

Shelters

Pamela Atkinson Men's Resource Center

The Road Home
3380 South 1000 West,
South Salt Lake, UT 84119
801-990-9999

Serves single adult men, trans men, and non-binary adults (ages 18+).

Gail Miller Resource Center

The Road Home
242 West Paramount Ave.,
Salt Lake City, UT 84115
801-990-9999

Serves single adult men, women, trans men/women, and non-binary folks (ages 18+).

Midvale Family Resource Center

The Road Home
529 West 9th Avenue,
Midvale, UT 84047
801-990-9999

Serves families with children (anyone under 18) or anyone in their third trimester.

Rescue Mission of Salt Lake

463 South 400 West,
Salt Lake City, UT 84101
801-355-1302

Serves adult men (ages 18+). Provides several different resources.

Geraldine E. King Resource Center

Volunteers of America, Utah
131 East 700 South,
Salt Lake City, UT 84111
801-990-9999

Serves single adult women, trans women, and non-binary adults (ages 18+).

Lantern House

269 West 33rd Street,
Ogden, UT 844101
801-621-5036

Serves men, women, and families- pets also welcome.

Other Help

If you are looking for immediate shelter, please call the Homeless Services Line: **801-990-9999**

If you are experiencing a housing crisis, call the housing hotline at **801-359-2444** between 9am-5pm M-F and the Road Home team may be able to help find resources you need.

If you have any questions about any other resource in the community (i.e., utilities, employment, transportation, etc.), please call **211** (United Way).

Food Pantries & Nutrition Resources

The Adventure Church

theadventure.church

352 West 12300 South Suite #100

Draper, UT 84020

801-688-7251

Food bank that is open for appointments.

Thursdays only.

St. Andrew's Food Pantry

11835 South 3600 West

Riverton, UT 84065

801-253-6034

Food pantry that serves Bluffdale, Herriman, Riverton, South & West Jordan

Thursday: 5:00pm - 7:00pm

St. James Episcopal Church

stjamesutah.com

7486 Union Park Ave

Midvale, UT 84047

801-566-1311

Food Pantry that serves residents of 84047 only

Sunday: 1:00pm - 3:00pm

Redeemed Christian Church of God-

House of His Glory Pantry

rccghg.org

213 West 4800 South

Murray, UT 84107

801-994-2308

Food Pantry that services anyone in need.

Saturday: 1:00pm - 2:00pm

Nueva Esperanza

nuevaesperanzaut.adventistchurch.org

7681 South 2200 West

West Jordan, UT 84084

509-200-6251

Food Pantry

Wednesdays: 5:00pm - 7:00pm

Reach Salt Lake

reachsaltlake.com

1235 California Ave,

Salt Lake City, UT 84104

801-972-5708

Food Pantry. Please call for updated requirements/dates/times

Central Compassion Center

nazarene.org/mission

1073 West Indiana Ave.

Salt Lake City, UT 84104

801-328-0769

Food Pantry and clothing distribution

Saturday: 11:00am-12:00pm

Crossroads Urban Center - Emergency Pantry*

crossroadsurbancenter.org

347 South 400 East

Salt Lake City, UT 84111

801-364-7765

Emergency food pantry that typically has baby supplies on hand

Monday- Friday: 9:00am - 5:00pm

Crossroads Westside Food Pantry

crossroadsurbancenter.org

1358 West Indiana Ave (850 S) Salt Lake City, UT 84104

801-935-4079

Typically have emergency baby supplies on hand

Ebenezer Helping Hand Food Pantry

(Located in Kingdom Church of God in Christ)

820 South 300 East

Salt Lake City, UT 84111

801-355-8826

Food pantry that serves all, but must be at least 18 years of age.

Food Pantries & Nutrition Resources

Hildegarde's Food Pantry

stmarksutah.org/foodpantry

231 East 100 South
Salt Lake City, UT 84111
801-328-2303

Food pantry that allows 1 visit per household each week. ID is required for all household members on every visit (copies are OK).

Tuesday, Wednesday, Friday: 11:00am - 1:30pm
Thursday: 5:00pm - 6:30pm

The Salvation Army

saltlakecity.salvationarmy.org

438 South 900 West,
Salt Lake City, UT 84104
801-988-4204

Food pantry that offers food box distributions. They require you to bring photo ID for all adults in the household, ID for children,

proof of address, proof of income.
Monday, Wednesday, Friday: 1:00pm - 4:00pm

Alex & Sally Lebowhl Food Pantry

Jewish Family Service

jfsutah.org

(Located at In Comfort Care Pediatrics building)

495 East 4500 South, Suite 100
Salt Lake City, UT 84107
801-746-4334

Food pantry serving all. They offer curbside and contactless pickup as well.

Monday-Friday: 11:00am - 1:00pm

Taylorsville Food Pantry

taylorsvilleut.gov

47765 South Plymouth View Drive,
Taylorsville, UT 84123
801-815-0003

Food pantry available for Taylorsville residents and fall within income guidelines. The maximum monthly income for a family of four is \$3,075. Visits offer two days of food per visit and visits are limited to four times per month.

Monday: 1:00pm - 3:00pm

Wednesday: 4:00pm - 6:00pm

Saturday: 10:00am- 12:00pm

Murray Park Church of Christ

murrayparkchurchofchrist.org

494 East 5300 South
Murray, UT 84107
801-293-7000

Food pantry for anyone in need.

Thursdays: 9:00am - 5:00pm

Prepared Meals

Saint Vincent de Paul Dining Room

ccsutah.org/programs

437 West 200 South

Salt Lake City, Utah 84101

801-363-7710

Lunch: Monday - Friday: 11:30am- 1:00pm

Brunch: Saturdays: 10:00am- 11:00am

Dinner: Monday - Sunday: 5:00pm- 6:00pm

Serves lunch Monday - Friday, brunch on Saturdays and dinner 7 days a week

The Rescue Mission of Salt Lake

rescuesaltlake.org/

463 South 400 West

Salt Lake City, Utah 84101

801-355-1302

Breakfast: Served Monday - Saturday: 6:15am

Lunch: Served 7 days a week: 12:15pm

Dinner: Served 7 days a week: Must attend church service at 7:00pm, Dinner follows at 8:00pm

Cathedral of the Madeline- Good Samaritan Program

utcotm.org/

331 East South Temple

Salt Lake City, UT 84111

801-328-8941

Monday - Sunday: 9:00am - 8:00pm

Open seven days a week, 365 days per year. Provides sack lunches and other resources.

Calvary Baptist Church

calvaryslc.com/

1090 South State Street

Salt Lake City, Utah 84111

801-355-1025

Serves breakfast at Pioneer Park

Sundays: 8:00pm - 11:00am

Utah Pride Center

utahpridecenter.org/

225 East 400 South, Suite 200

Salt Lake City, Utah 84111

801-539-8800

Saturday: 8:00am - 10:00pm

Utah Pride Center serves breakfast every Saturday for Homeless Youth (ages 14-22)

Salt Lake City Mission

saltlakecitymission.org/

1151 South Redwood Road, #106,

Salt Lake City, Utah 84110

801-355-6310

Serves breakfast in the Rio Grande Neighborhood

Monday - Saturday: 8:00am - 10:00pm

Other Food Resources

Your Helping Hands, Inc.

helpinghandsutah.org/

5522 South 3200 West, Suite 110

Taylorsville, Utah 84129

801-955-6234

Monday - Friday: 9:00am - 4:30pm

Administers the Child and Adult Care

Food Program (CACFP) Utah Food Bank

utahfoodbank.org

3150 South 900 West

Salt Lake City, Utah 84119

801-978-2452

Monday - Friday: 8:00am - 5:00pm

Multiple food programs including the Backpack Program and Kids Cafe

Utahns Against Hunger

uah.org

764 South 200 West

Salt Lake City, Utah 84101

801-328-2561

Advocacy organization provides information

Multiple food programs including the Backpack about WIC, Food Stamps and other programs

Housing Services

Neighborworks Salt Lake

nwsaltlake.org/
622 West 500 North
Salt Lake City, UT 84116
801-539-1590

Monday-Friday 8:00am-5:00pm

Homeownership Promotion Services include HUD approved educational courses, loans, foreclosure prevention services.

Palmer Court

theroadhome.org
999 South Main Street
Salt Lake City, UT 84111

Monday-Friday: 9:00am-4:00pm

Managed by the Road Home Permanent Supportive Housing for single individuals and families.

Wendell Apartments

theroadhome.org
204 West 200 North
Salt Lake City, UT 84103

Managed by the Road Home Permanent Supportive Housing for single individuals.

Salt Lake City Department of Housing and

Neighborhood Development

slc.gov/housingstability
451 South State Street, Rm 406
Salt Lake City, UT 84111
801-535-7712

Monday-Friday 8:00am-5:00pm

Administers different housing programs.

Salt Lake Community Action Program

utahca.org
1307 South 900 West
Salt Lake City, UT 84101
801-359-2444

Monday-Friday 8:30am-5:00pm

Housing Outreach Rental Program provides housing referral services for homeless and low income individuals.

The Department of Housing Urban Development (HUD)

hud.gov/utah
125 South State Street, Suite 3001, Salt Lake City, UT 84138
801-524-6070

Monday-Friday 8:00am-5:00pm

Administers numerous housing programs and promotes increase of affordable housing statewide through education, advocacy and cooperative partnerships.

Utah Housing Corporation

utahhousingcorp.org
2479 South Lake Park Blvd, West Valley City, UT 84120
801-902-8200

Monday-Friday 8:00am-6:00pm

Loan progress and down payment assistance.

Utah Non-Profit Housing Corporation

unphc.org
223 West 700 South, Suite C,
Salt Lake City, UT 84101
801-364-6117

Monday-Friday 8:00am-5:00pm

Provides safe, affordable housing, focusing on very low income individuals and families.

Valor House (Veteran's only)

firststephouse.org
718 East 700 South
801-584-0700

Managed by the Department of Veterans Affairs. Transitional Housing for Veterans. Veterans can stay up to 24 months.

West Valley City Housing Authority
wvc-ut.gov/321/Housing-Authority
4522 West 3500 South
West Valley City, UT 84120
801-963-3320

Monday-Thursday: 7:00am-6:00pm

Administers all housing authority programs and oversees grant funding in West Valley City.

Clothing, Personal Care and Other Accessories

The Weigand Homeless Resource Center

ccsutah.org
437 West 200 South
Salt Lake City, UT 84101
801-363-7710

Monday - Friday: 7:00am - 4:00pm
Saturday - Sunday: 7:00am - 2:00pm

Clothing, showers, laundry, hygiene products, and other necessities

The Rescue Mission of Salt Lake

rescuesaltlake.org
463 South 400 West
Salt Lake City, UT 84101
801-355-1302

Monday, Wednesday, Friday: 9:30am - 11:30pm

Clothing, showers, hygiene products and other necessities

Volunteers for America- Outreach Teams In addition to providing sack lunches daily, VOA's Outreach Teams will provide clothing and other necessities. The Good Samaritan Program will also provide clothing and other necessities as needed.

Crossroads Urban Center

crossroadsurbancenter.org
347 South 400 East
Salt Lake City, UT 84111
801-364-7765

Monday - Friday: 9:00am - 5:00pm

Operates as a thrift store, where individuals can find clothing and other items for a low cost or for free depending on circumstances

Utah Pride Center

utahpridecenter.org
255 East 400 South
Salt Lake City, UT 84111
801-539-8800

Tuesday - Friday: 10:00am - 8:00pm
Transgender Youth: Tuesdays: 3:00pm - 8:00pm
LGBTQ Youth: Wednesday and Fridays: 3:00pm - 8:00pm

Drop-in resource center provides clothing, accessories, counseling and food. It also has a shower available.

Cathedral of the Madeline- Good Samaritan Program

utcotm.org
331 East South Temple
Salt Lake City, UT 84111
801-328-8941

Monday - Sunday: 9:00am - 8:00pm

Homeless Youth Resource Center

voaut.org
655 South State Street
Salt Lake City, UT 84111
801-364-0744

Monday - Friday: 10:00am - 1:00pm

Drop-in Resource Center can provide clothing and other necessities for homeless youth.

Homeless Youth Emergency Shelter

888 South 400 West
Salt Lake City, UT 84101

Free and Low-Cost Medical/Health Resources

Midvale

72nd Street Clinic

220 West 7200 South, Ste A,
Midvale, UT 84047
801-566-5494

Hope Clinic

utahhopeclinic.org/
65 Twin Peaks St.,
Midvale, UT 84047
801-568-6700

Mid-Valley Health Clinic

8446 South Harrison St.,
Midvale, UT 84047
801-417-0131

Millcreek

Maliheh Free Clinic

malihehfreeclinic.org
941 East 3300 South
Millcreek, UT 84106
801-266-3700

Taylorsville

Oquirrh View Clinic- Community Health Center

chc-ut.org
4745 South 3200 West
Taylorsville, UT 84129
801-964-6214

West Valley City

Ellis R. Shipp Clinic

4535 South 5600 West,
West Valley City, UT 84120
385-468-4100

South Salt Lake

Midtown Community Health Center

60 East 3750 South
Salt Lake City, UT 84115
801-486-0911

South Main Clinic

3690 South Main St.,
Salt Lake City, UT 84115
801-587-2525

Salt Lake City

The Fourth Street Clinic

fourthstreetclinic.org
409 West 400 South
Salt Lake City, UT 84101
801-364-0058

Central City Community Health Clinic

chc-ut.org
461 South 400 East
Salt Lake City, UT 84111
801-539-8617

Intermountain North Temple Clinic

Intermountainhealthcare.org
54 North 800 West
Salt Lake City, UT 84116
801-408-8654

Intermountain Lincoln Elementary School Clinic

1090 South Roberts St., (250 East)
Salt Lake City, UT 84111
801-578-8376

Martindale Clinic (Odyssey House)

743 East 300 South,
Salt Lake City, UT 84111
801-428-3500

Neighborhood Clinic

1388 Navajo St. (1340 West)
Salt Lake City, UT 84104
801-955-2360

Rose Park Elementary School Clinic

1105 West 1000 North,
Salt Lake City, UT 84116
801-408-8626

Stephen D. Ratcliffe Clinic

1365 West 1000 North,
Salt Lake City, UT 84116
801-328-5750

Free and Low-Cost Medical/Health Resources

Utah County

Volunteer Care Clinic

591 South State Street
Provo, Utah 84606
801-812-8094

Mountainlands Family Health Center

910 E. 100 N. Ste 155
Payson, UT - 84651
(801) 465-1890
Sliding Scale

Mountainlands Community Health

589 South State Street
Provo, UT - 84606
801-429-2000

Free and Low-Cost Dental Resources

Dental Hygiene Clinic

slcc.edu/dentalhygiene/dhc.aspx
3491 West Wights, Fort Road (9000 South), Room 133,
West Jordan, UT 84088

Roseman University College of Dental Medicine

10894 South River Front Pwky.,
South Jordan, UT 84095
866-936-1316

Salt Lake Donated Dental Services

donateddental.org
1383 South 900 West, Suite 128
Salt Lake City, UT 84104
801-972-2747

Stephen D. Ratcliffe Clinic

1365 West 1000 North,
Salt Lake City, UT 84116
801-328-5750

The Fourth Street Clinic + Dental

fourthstreetclinic.org
409 West 400 South
Salt Lake City, UT 84101
801-364-0058

University of Utah

healthcare.utah.edu/dentistry
530 South Wakara Way,
Salt Lake City, UT 84108
801-587-6453

Central City Community Health Clinic + Dental

chc-ut.org
461 South 400 East
Salt Lake City, UT 84111
801-539-8617

Neighborhood Clinic + Dental

1388 Navajo St. (1340 West)
Salt Lake City, UT 84104
801-955-2360

Weigand Homeless Resource Center



CATHOLIC
COMMUNITY
SERVICES

Location

437 West 200 South
Salt Lake City, UT 84101

Hours

Open Daily from 7:00am-7:00pm
Closed Holidays

Contact

801-363-7710

SERVICES

The Weigand Homeless Resource Center offers a safe place for homeless individuals to stay cool or get warm during the day. It is the only day shelter of its kind in Salt Lake City. The center not only provides clients with daytime shelter, but also a variety of resources and a number of in-house partnerships to provide clients with the tools they need to reach self-sufficiency.

HOW

The center provides clients with daytime shelter, as well as a variety of other resources. These include case management, storage facilities, hygiene products, and showering and laundry facilities. The Weigand Homeless Resource Center also provides clients with a computer lab to search for employment and benefit programs, as well as resume and job application assistance and a clothing room for clients on Tuesday and Friday from 7:15-10:15 am. Finally, the center has in-house partnerships with the Salt Lake City Justice Court, Department of Workforce Services of Utah, Fourth Street Clinic, the VA, and Utah Community Action to provide additional resources such as housing placement, benefit enrollment, and medical services.

Department of Workforce Services

Apply for disability here:

- <https://jobs.utah.gov/usor/dds/index.html>
- <https://www.disabilitycarecenter.org/state-resources/utah-social-security-disability/>

Apply for food stamps here:

- <https://jobs.utah.gov/customereducation/services/foodstamps/>

Find employment here:

- <https://jobs.utah.gov/index.html>

WIC (Women, Infants, and Children) Program:

- <https://wic.utah.gov/>