



## Legacy Prep Academy Junior High Course Descriptions

*\*\*indicates a prerequisite or an audition requirement to register for class*

### **Dance**

**\*\*Ballroom Dance Team (Full Year)** Grades: 7, 8, 9 *Prerequisite: Audition and teacher approval.* This course is for students on the school's ballroom dance team and offers advanced instruction and practice in social dance. Students will participate in competitions and perform in assemblies. Students may be required to attend before or after-school practices.

**Social Dance (Half Year)** Grades: 7, 8, 9 This course offers instruction and practice in the basic social dance steps, rhythms, and techniques. The following dances may be included: Cha Cha, Samba, Rumba, Paso Doble, Swing, Mambo, Waltz, Tango, Foxtrot, Viennese Waltz, Charleston and Disco.

**Dance Company (Full Year)** Grades: 7, 8, 9 *This year's Dance Company is open to any student who is willing to learn to dance.* The dance company will be a technique focused class with advanced instruction and practice in the contemporary dance style. You will be expected to participate in one performance during the school day in each term.

**Beginning Contemporary Dance (Full Year)** Grades: 7, 8, 9 This class teaches students the fundamentals of contemporary dance. We study genres such as: ballet, jazz, lyrical, and hip hop. We work on dance technique, etiquette and creativity at a beginning level.

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### **General Elective Classes**

#### **Coding and Digital Design (Digital Studies) (Half Year)** Grade 9

This course is designed to introduce students to coding as well as various digital design programs. The course takes a wide-view approach to digital design and coding by covering topics such as problem-solving, programming, user-centered design, and digital design while inspiring students with the potential to build their own websites, apps, animations, and digital art. *Passing this course fulfills the Digital Studies requirement for graduation in Utah.*

**Mythology & Medieval Studies I (Half Year)** Grades 8, 9 *This is an introductory Mythology course.* This course spends time on comparative mythology and the culture and literature of the European Dark Ages. Students will be introduced to concepts such as the Hero's Journey and Euhemerism as they explore the importance of storytelling throughout human history.

**Publications (Half/Full Year)**: Grades 7, 8, 9 Students will explore various media types as they produce public communications that support the paideia school culture at LPA. The class lessons will include media literacy, journalism law & ethics, reporting/interviewing processes, and digital citizenship.

**Debate (Full Year)** Grades 8 and 9 Speech & Debate is a challenging class requiring the total commitment of each student. Students who are ready for this challenge will learn to be powerful public speakers & debaters and improve presentation. Students will improve their research, analytical, and critical thinking skills to better understand relevant current events and political issues at the national and global levels.

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<sup>1</sup>2025/2026 School Year

## **Music**

*NOTE: For classes requiring an instrument, you may email the teacher about getting help with purchasing or renting requests.*

Concert Choir (Half Year) Grades: 7, 8, 9  
(can take a full year) Students learn proper singing techniques, note reading, sight singing, and how to evaluate musical performances. No prior music experience required. No Fee Required.

Guitar (Full Year) Grades 8, 9 This course stresses guitar fundamentals, basic chords, and melodies. We will learn basic music theory. This class will give you the foundation to play all types of music, including folk, rock, pop, country, and classical.

Concert Band I (Full Year) Grades: 7, 8, 9  
For all beginning and intermediate percussion, brass, and woodwind players. Daily practice is required.

Wind Ensemble (Band II/Full Year)  
Grades: 7, 8, 9 *Prerequisite: Audition and/or teacher approval.* For advanced percussion, brass, and woodwind instrument players. Daily practice is required. This group performs in assemblies and participates in a band festival every year.

Percussion (Full Year) Grades: 8, 9  
Students will explore a variety of percussion instruments, including snare drum, bass drum, mallets, timpani, and auxiliary percussion. The course focuses on fundamental techniques, rhythm reading, ensemble playing, and musical expression. Whether refining existing skills or starting fresh, students will gain confidence, coordination, and a deeper appreciation for percussion in both large and small ensemble settings.

Intermediate Symphonic Orchestra (Full Year) Grades: 7, 8, (9) For grades 7 and 8

string instrument players with at least 1 year of experience. Grade 9 welcome after speaking with Ms. Sedgwick. Daily practice is required.

\*\*Advanced Philharmonic Orchestra (Full Year) Grades (7), 8, 9 This orchestra class is for grades 8 and 9, advanced string instrument players with at least 2 years of experience. 7th graders with more than 2 years may audition. Please contact Ms. Sedgwick if you'd like to consider this class as a 7th grader. Daily practice is required.

*\*\*Music in this class is significantly more difficult and will require daily practice outside of class.*

## **PE Elective**

*NOTE: Currently, dance classes (not including Dance Teams) are not being accepted by surrounding high schools as a 9th-grade PE credit fulfilling a requirement for graduation. If not participating on the Ballroom Team or Contemporary Dance Team, students are encouraged to take PE.*

PE Skills and Techniques 9 (Half/Full Year) This physical education course emphasizes skill development, basic knowledge, and participation in a variety of games, sports, and fitness conditioning. Students may choose to take this course for their 9th-grade PE credit for one semester and then take it again the next semester for elective credit

## **Science**

Earth Science (Full Year) Grade 9  
(Recommended 9th-grade science course)  
This class gives insight and understanding of the Earth and the processes at work on this planet. The curriculum includes doing labs and designing experiments to help better

understand the formation and the processes that shape Earth.

### Biology (Full Year) Grade 9

This course gives students a background in fundamental and current topics in biology. The class will focus on the organization of life at the chemical and cellular levels, genetics, evolution, plants and animals, and the relationship of living things to their environments.

### Introduction to Psychology (Half Year):

Grade 9 Psychology is defined as the scientific study of the mind and behavior. In this psychology course, students are introduced to the core ideas and theories of psychology. As a result, students gain an understanding of the complexities and diversity of human thought and behavior.

## ***Student Support Classes***

### Skills for Success (Half/Full Year) Grades 7, 8

This class is focused on providing students with skills to improve their executive functioning, which includes organization, planning, preparedness, stress relief, and assignment completion. This is a pass/fail class.

### Math Support (Half/Full year) Grades 7, 8, 9

Do you need a little bit of extra help in math? Has math been a struggle for a while? Sign up for Math Lab! In this class, we will work on foundational skills for middle school and high school mathematics. Time will also be spent talking about how to study for a math class and how to prepare for a math test.

### English Support (Half/Full year) Grades 7, 8, 9

Do you need extra help in ELA? Has reading and/or writing been a struggle? Sign up for ELA Lab! This class will work on foundational skills for middle and high school reading and writing. Time will also be spent reviewing the writing process, using tricks and strategies for better writing.

### Teacher Assistant (TA)/Peer Tutor (Half/Full Year) Grades 8, 9

To be considered for a position, students must maintain good grades and good citizenship. Students may also provide academic support to other students, generally in lower grades, and is a great opportunity for students to be good "citizens of their community."

**\*\*Release Time (Seminary Full Year) Grade 9**  
*Parent signature required.* Students wishing to participate in the Seminary program will have release time either 1<sup>st</sup> period on A or B day. Seminary is taught in the LDS Church building located in the neighborhood west of the school: 1478 W 2175 S, Woods Cross. *No credit is given toward high school graduation.*

## ***Theater/ Film***

### Drama 1 (Half Year) Grades 7, 8, 9

This is taught the first half of the year and is a prerequisite for IMT unless a student is signed off to take Choir as an alternate. Drama One is an in-class performance-based course incorporating acting techniques, the role of the actor in interpreting dramatic literature, and an introduction to theater through play analysis, acting, design, and writing.

### Intermediate Musical Theater (Half Year)

Grades 7, 8, 9 ***Prerequisite: Must have taken Drama 1 or Choir in the first semester. Everyone signed up for this class will have a part. Auditions for leading characters will be held prior to Winter break.*** Intermediate Musical Theater offers a basic look into the foundations of a musical: script analysis, acting, singing, dancing, designing, and writing. Students will have the opportunity to perform in a musical in the Spring. Once rehearsals begin for the production, IMT will meet after school 1-2 times per week. After school technical week is also required. Participation fee required.

### **\*\*Advanced Musical Theater (Full Year)**

Grades 8, 9 *Prerequisite: Must have taken Drama 1 or Choir and audition to make it onto this advanced theater team, must also have teacher approval. Auditions for the fall musical will be in the first week of the school year.*

Students will have the opportunity to perform in 3 musical productions over the year. The Spring production will be a freshmen- led musical showcase. After-school rehearsals are 1-2 per week once production has started. After school technical week is also required. A *participation fee is required.*

**Technical Theater (Full Year)** Grades 8, 9  
The students in this class will learn the skills necessary to be part of the stage crew for the AMT, IMT, and elementary productions. In the first semester, students will train on elements involved in technical theater. The tech students will then design and run the AMT and IMT productions. Some evenings are required. *A participation fee is required.*

## ***Visual Art***

**Art Foundations (Half Year)** Grades: 7, 8, 9  
This course provides an overview of the elements of art and art history while studying a variety of art tools and materials. Students will learn to compare, discuss, and create works of art.

**Art Foundations II (Half Year)** Grades: 7, 8, 9  
Art Foundations II is an expansion of Art Foundations. We will be using the techniques that we learned in Art Foundations I and creating projects that are slightly more challenging

**Drawing (Half Year)** Grades: 7, 8, 9  
This course focuses on the basics of drawing. Exploring the element of value to fine-tune the shading process to give drawings shape and dimension.

### **\*\*Drawing 2: (Half Year)** Grades: 7, 8, 9

*Prerequisite: Drawing I*

This is an advanced drawing course, and students will receive more in-depth instruction and further enhance concepts learned in Drawing.

### **3D Art (Half Year)** Grades: 7, 8, 9

This course explores the design aspect of sculpture using various materials to create three-dimensional art.

## ***World Languages***

### **Spanish I (Full Year)** Grades 8, 9

This course is designed to give an introduction to one of the world's most widely spoken languages. Through reading, listening, writing, and speaking practice, students will be able to master basic Spanish for use in the real world. Students will also learn about cultures, dances, music, foods, and themselves. Students taking this course in 9<sup>th</sup> grade will be prepared to take Spanish 2 in high school.

### **\*\*Spanish 2 (Full Year)** Grades 8, 9

***Prerequisite: Spanish I or teacher approval.***

This course continues where Spanish I left off. Through reading, listening, writing, and speaking practice, students will be able to master basic Spanish for use in the real world. Students will also continue to learn about cultures, dances, music, foods, and themselves. Course completion counts as level 2 language required by some universities. Students will be prepared to move on to Spanish 3 or AP Spanish in high school after completing this course.

***\*\*Please note that due the scheduling constraints of our small school, we cannot guarantee that all course requests will be accommodated. We will do our best to balance the demands of our electives as we consider individual preferences with course availability.***