



HEAD INJURY AND CONCUSSION POLICY

Purpose

Bonneville Academy is committed to the safety and health of its students. In accordance with Utah Code §26-53-101 through §26-53-301 and USBE Rule R277-614, this policy outlines the procedures to prevent, identify, and manage concussions and traumatic head injuries among students participating in physical activities.

Scope

This policy applies to all students engaged in school-sponsored physical activities including physical education (PE), recess, athletics, extracurricular activities, and school events involving physical exertion.

Recognition and Immediate Action

- Any student suspected of sustaining a concussion or traumatic head injury must be immediately removed from the activity.
- The student will not return to physical activity on the same day unless cleared by a licensed medical provider.
- School staff will monitor symptoms and notify parents or guardians promptly.

Signs and Symptoms of Concussion

Common symptoms include:

- Headache
- Dizziness
- Confusion
- Nausea
- Blurred vision
- Sensitivity to light/noise
- Memory issues
- Mood or behavior changes

Medical Clearance and Return to Play

- A student who has been removed due to suspected head injury must obtain written clearance from a licensed health care provider (MD, DO, NP, or PA).
- A stepwise return-to-play protocol will be implemented under supervision of school administration and the student's healthcare provider.
- Students must be symptom-free and released before full participation resumes.





Parent Notification and Documentation

- Parents or guardians will be informed as soon as possible following a suspected head injury.
- A signed release form must be submitted before resuming physical activity.

Training and Prevention

All staff involved in student physical activities will complete annual concussion awareness training, including identification, emergency response, and return-to-play protocols.

Emergency Response

In the event of a serious head injury:

- Call 911 immediately for emergency services.
- Do not move the student unless there is risk of further injury.
- Provide first aid as needed until help arrives.
- Document the incident thoroughly and report it to administration and the parent or guardian.

Legal References

- Utah Code §26-53-101 to §26-53-301: Protection of Athletes with Head Injuries Act
- USBE Rule R277-614: Student Head Injury Protocols

Approved by the Board of Directors on: _____

Signature: _____

Chair, Bonneville Academy Board of Directors

